#### SQWINCHER HYDRATION SOLUTIONS N DETAIL TEM

	SPE	CIALTY		
SQWINCHER SQWEEZE®	PACKAGE YIELD:	10 Freezer Pops		
	FLAVORS:	Assorted Flavors – CH, MB, OR, GR, LL		
		Sqweeze ZERO – PU, OR, WM, DF, MB ZERO Sugar		
	SPECS:	150/cs (15 bags of 10 pops), 33 lbs. /cs, 60cs per Pallet - Regular 30.9 lbs. /cs, 60cs per Pallet - ZERO		
	POWE	DER MIXES		
	PACKAGE YIELD:	1 Gallon		
POWDER PACK	FLAVORS:	OR, FP, GR, AS, LL		
	SPECS:	80/cs, 52 lbs. /cs, 30cs per Pallet		
	PACKAGE YIELD:	2.5 Gallons (Regular Formulation)		
Same Of Francis	FLAVORS:	CH, MB, LA, OR, FP, GR, AS, LL, TC, TE, CC		
	SPECS:	32/cs, 50 lbs. /cs, 36cs per Pallet		
	PACKAGE YIELD:	2.5 Gallons ZERO (SUGAR FREE)		
	FLAVORS:	OR, LL, FP, GR, AS		
	SPECS:	32/cs (4 bgs of 8), 4.40 lbs. /cs, 168cs per Pallet		
	DO NOT MISTAKE I	DO NOT MISTAKE FOR SINGLE SERVE POWDER		
	PACKAGE YIELD:	5 Gallons		
8 STICKS PER BAG	FLAVORS:	CH, MB, LA, OR, FP, GR, LL, TC, CC		
	SPECS:	16/cs, 50 lbs. /cs, 44cs per Pallet		
CLEAR - NO ADDED COLOR	PACKAGE YIELD:	2.5 Gallon EverLyte <sup>™</sup> - Naturally Flavored		
	FLAVORS:	FP, GR, LL, OR		
	SPECS:	32/cs, 32 lbs. /cs, 36cs per Pallet		
	LIQUID C	ONCENTRATES		
ULTRA CONCENTRATE	PACKAGE YIELD:	2.5 Gallons ZERO Ultra Concentrate Pouch		
of the	FLAVORS:	OR, FP		
CLEAR - NO ADDED COLOR	8 OZ SPECS:	12/cs, 10 lbs./cs, 80cs per Pallet		
	PACKAGE YIELD:	5 Gallons		
-00000	FLAVORS:	SL, CH, MB, LA, OR, FP, GR, LL, TC, CC		

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LIQUID CONCENTRATES



PACKAGE YIELD:	2.5 Gallons ZERO Ultra Concentrate Pouch		
FLAVORS:	OR, FP		
8 OZ SPECS:	12/cs, 10 lbs./cs, 80cs per Pallet		
PACKAGE YIELD:	5 Gallons		
FLAVORS:	SL, CH, MB, LA, OR, FP, GR, LL, TC, CC		
64 OZ. SPECS:	6/cs, 33 lbs. /cs, 60cs per Pallet		
PACKAGE YIELD:	5 Gallons ZERO		
FLAVORS:	OR, FP, GR, LL, MB		
64 OZ. SPECS:	6/cs, 33 lbs. /cs, 60cs per Pallet		





	SING	LE SERVE		
QWIK STIK <sup>®</sup> ZERO	PACKAGE YIELD:	20 oz.		
	FLAVORS:	MB, LA, OR, WM, FP, GR, LL, LT, CC, SL		
	SPECS:	500/cs (10 bags of 50 sticks), 5 lbs. /cs, 96cs per Pallet		
	PACKAGE YIELD:	8 oz.		
	FLAVORS:	MB, LA, OR, FP, GR, LL		
	SPECS:	500/cs (10 bgs of 50), 3.05 lbs. /cs, 96cs / F	Pallet	
	PACKAGE YIELD:	10 Stiks – Tube		
	FLAVORS:	Assorted Flavors – FP, OR, SL, MB		
	SPECS:	200/cs (20 tubes of 10), 3.05 lbs. /cs, 108cs per Pallet		
QWIKSERV®	PACKAGE YIELD: 16.9 oz.			
	FLAVORS:	OR, FP, LL, GR		
	SPECS:	96/cs (12 bgs of 8), 8.7 lbs. /cs, 72cs per Pallet		
EVERLYTE™ STICK PACK	PACKAGE YIELD:	16.9 to 20 oz Naturally Flavored	CLEAR -	
	FLAVORS:	FP, GR, LL, OR	NO ADDED Color	
	SPECS:	96/cs (12 bgs of 8), 7.45 lbs. /cs, 72cs per F	Pallet	
FAST PACK®	PACKAGE YIELD:	6 oz. Regular		
there is a second and a second a	FLAVORS:	CH, MB, LA, OR, FP, GR, LL, TC, TE, CC		
AVERAGE AVERAGE	SPECS:	200/cs, 14 lbs. /cs, 80cs per Pallet		
	PACKAGE YIELD:	6 oz. ZERO (SUGAR FREE)		
	FLAVORS:	OR, FP		
ALL REAL PROPERTY.	SPECS:	200/cs, 14 lbs. /cs, 80cs per Pallet		
	READ	Y TO DRINK		
WIDEMOUTH BOTTLES	PACKAGE YIELD:	20 oz. Regular		
	FLAVORS:	MB, SL, OR, FP, GR, LL, CC		
	PACKAGE YIELD:	20 oz. ZERO (SUGAR FREE)		
	FLAVORS:	MB, OR, FP, GR		
	SPECS:	24/cs, 34.55 lbs. /cs, 54cs per Pallet		
	PACKAGE YIELD:	12 oz. Regular		
	FLAVORS:	MB, GR, OR, FP, LL		
	PACKAGE YIELD:	12 oz. ZERO (SUGAR FREE)		
	FLAVORS:	MB, OR, FP, GR		
	SPECS:	24/cs, 21.4 lbs. /cs, 80cs per Pallet		
	PACKAGE YIELD:	12 oz. EverLyte™ - Naturally Flavored	CLEAR - No added	
RTD POUCH	FLAVORS:	FP, GR, LL, OR		
	SPECS:	24/cs, 21.4 lbs. /cs, 80cs per Pallet	COLOR	
E	PACKAGE YIELD:	8 oz. EverLyte™ Pouch - Naturally Flav	ored	
	FLAVORS:	FP, GR, LL		
34	SPECS:	24/cs, 14 lbs. /cs, 75cs per Pallet	CLEAR - No added	
FUNCH				

NO ADDED COLOR

# **FLAVOR CODES:**

LA - Lemonade LL – Lemon-Lime LT – Lemonade Tea MB- Mixed Berry

OR- Orange PU- Punch

AS – Assorted CC – Cool Citrus

DF - Dragon Fruit

FP – Fruit Punch GR– Grape

CH- Cherry

SL – Strawberry Lemonade TC – Tropical Cooler TE – Tea

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WM-Watermelon

# SQWINCHER HYDRATION SOLUTIONS RATION SAFE

ADVANTAGES



HEAT AND COLD STRESS DRY ERASE POSTER

Sqwincher puts your worker in control with a 24" × 36" indoor/outdoor, dry erase poster that informs them about heat and cold stress. They can post the weather forecast on a daily basis, while having key survival information and protection against dehydration and the illnesses caused by heat and/or cold stress.



# HYDRATION CENTRAL

HYDRATION IS KNOWLEDGE. KNOWLEDGE IS POWER.

Understanding how worker performance and efficiency is affected by environmental conditions is critical to reducing dehydration-related illnesses and accidents. Sqwincher is committed to providing hydration education and solutions that help companies meet the needs of all workers. Here you can access - heat and cold stress resources, electrolyte education information, training videos, assessment surveys and more. Visit us at www.sqwincher.com.

#### Request your copy today!

# WHY SOWINCHER?

PRODUCT BENEFITS

- Low Sodim
- Necessary Source of Potassium
- ZERO Sugar, LOW Calorie Products
- Compared to other national brands

#### **PROGRAM ADVANTAGES**

- Heat and Cold Stress Programs
- Heat Stress Assessments
- Heat and Cold Stress Training
- EverLyte<sup>™</sup> Product No Artificial Sweetener, Naturally Flavored, No Added Color, No Preservatives
- Preferred Taste
- No Bloated Feeling
- Access to Hydration Central Training
- Heat Index. Wind Chill and **Urine Charts**



## WHY ELECTROLYTES - ISN'T WATER ENOUGH?

Water is necessary but does not contain the minerals lost during activity. Water acts as a conductor to carry nutrients such as electrolytes throughout the body, as well as flushing vital organs of toxins.

Electrolytes are essential minerals (sodium, potassium, calcium and magnesium) the body needs and uses for basic cell function.

Electrolytes regulate body fluids which maintains a healthy pH balance.

### HEALTH AND WELLNESS

#### SQWINCHER FORMULATION VERSUS STATISTICS:

HYPERTENSION (High Blood Pressure) In 2014, it killed more than 410,000 Americans.

(75 M) of US population - nearly 1 out of 3 adults has prehypertension

• 77.6% are aware of condition 33.3%

- 48.3% have condition under control • 67.9% are treating condition • 55.9% UNTREATED
- Hypertensive care: Consult Physician, \*Lower Sodium and Calorie Diet, **Exercise and Medication if** prescribed.

https://www.cdc.gov/dhdsp/data\_statistics/fact\_sheets/fs\_bloodpressure.htm

#### DIABETES

In 2017, it was the 7th leading cause of death resulting in over 80,000 deaths per year.

(29.1 M) of US population diagnosed Type 1 or Type 2

11.3% • Approximately 28% of the US population are undiagnosed

Diabetic care: Consult Physician. \*Lower Sodium and Lower Calorie Diet. Exercise and Insulin Management.

\*Sqwincher ZERO hydrates and replaces electrolytes without further risk to hypertensive and / or diabetic conditions.

https://www.cdc.gov/nchs/fastats/leading-causes-of-death.htm



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